

JEFFREY SCHMIDT, MD

5 5280 Top Doctor 2026

Dr. Jeffrey Schmidt has always been drawn to places where art and science converge.

His mother's family was one of artists, their canvases adorning the walls of his childhood home. His father's side tended toward analytical professions: a dentist, a psychologist, a software engineer. Both Dr. Schmidt and his brother found careers that marry the two sensibilities; his brother in architecture, Dr. Schmidt in facial surgery. The results of that blended perspective have earned the recognition of patients and colleagues alike.

Colorado physicians have voted him a 5280 Top Doctor five times, and Castle Connolly, the national peer-review body, has recognized him repeatedly, as well. Double-board-certified and fellowship-trained with 20 years of operative experience, Dr. Schmidt has built a practice where facial rejuvenation has always been the cornerstone. Today, he is widely regarded as a leading specialist in the extended deep plane face-lift and deep plane neck-lift.

Some of his most meaningful work, though, happens far from home. On surgical missions to Vietnam, Honduras, Nepal, and Kenya, Dr. Schmidt both operates and teaches, aiming to multiply his impact by training surgeons who will go on to train others. That mission-driven instinct carries into his practice at home, where a single patient's experience can still remind him why this work matters.

For most of her life, one such patient felt her appearance was holding her back. She had never had a boyfriend, never even been asked on a second date. She had made a reluctant peace with the idea she might never fall in love. Surgery, however, changed something she had stopped believing could change. With her newfound confidence, she began to date. A second date came, then a boyfriend, an engagement, a wedding. Dr. Schmidt was among the guests, invited by the bride to witness the life she had built, one she once thought impossible. What he gave her, he says, was confidence. What she did with it was all hers.



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